

West Bridgford Monarchs Hockey Club

First Aid Procedure

This procedure applies to both coaching sessions and matches.

- Each event should have a qualified first aider where possible (see attached list of club first aiders)
- The first aider should deal with any accident that occurs. In the event that a first aider is not available, the main coach/ captain will take responsibility and ensure the injured person receives the appropriate treatment
- Each event should have a fully equipped first aid kit (see Appendix 1)
- A mobile phone should be available at the pitch side for emergency use
- The guidelines for dealing with an incident should be followed at all times
- All coaches/ captains should be aware of the emergency procedures
- Details of any health conditions in U-18 years olds should be available to the first aider/ coach/ captain as necessary (these should be kept in a secure file)
- A member of the club should accompany U-18 year olds until a parent or guardian is available.
- The parent/ guardian should be notified immediately, giving details of the incident and child's current location
- The parental consent form should be taken when accompanying an U-18 year old to hospital
- All injuries should be recorded on the Club incident form and passed to the captain for storage
- If playing at a Leisure/ Sports Complex then in all injuries should also be reported to the appropriate reception staff.
- A follow up call should be made to enquire about the injured persons progress (normally by the coach or captain)

West Bridgford Monarchs First Aid List

Ladies Section

Rachel Fell

Liz Jagger

Men's Section

Brian Jones

Appendix 1 -

First Aid Kit Contents