



# **WEST BRIDGFORD MONARCHS**

## **Hockey Club**

### **Junior Girls Newsletter**

**Season 2011/2012**

Welcome back to everyone and if you are a new member then a special welcome too. As it's nearly the start of another season – here is all the information you need to get you going. For updates throughout the season, please see <http://www.wbhockey.co.uk/juniors2.php>

#### **Hockey News**

We didn't have our best year ever last year; Although the 1<sup>st</sup> team are keeping pace in the Midlands Feeder North League our 2<sup>nd</sup> and 3<sup>rd</sup> team were relegated. The 4<sup>th</sup> team finished 3<sup>rd</sup> in their league and are still striving for the promotion they deserve. On a positive the 5<sup>th</sup> team managed to survive the season which is good for the growth and development of the club. Let's hope we can maintain it this coming year. We hope this year will see more victories on the women's side and could be a good one for promotions.

#### **The Junior Girls Coaching Team**

Izzy Staton has had to withdraw from junior coaching this season due to the birth of her daughter. For those that don't already know, Katherine (Kit) Annabel Chandler was born on Saturday 27<sup>th</sup> August at 2am weighing 5lbs 9oz. Little Kit and mum are doing great. I wouldn't be surprised though if Izzy makes it down to the pitch on occasion. Liz Abba will continue to be involved in junior coaching and will be joined by Liz Archer, Emma Shaw and Michael Hart. Liz Archer is the former 2's captain and 4<sup>th</sup> team coach. Emma is the ladies 4<sup>th</sup> team captain and Michael is the proud father of 2 up and coming hockey players – Abigail and Annabel. Please contact us with any questions you may have (contact *details* at the end of this newsletter)

#### **Nottingham/Derby (NoDe) Fixtures**

We are going to be entering the U12 and U14 NoDe league again this year. As usual these will be held once a month on Sunday mornings. Mick will be sending out the U14 fixtures when they are released; Liz Archer/ Emma Shaw will send the U12 fixtures. We will prioritise juniors who aren't playing on a Saturday in these games. Please contact us ASAP if you would like to play in this league and receive the fixtures.

#### **U16 League**

The traditional U16 league held on a Wednesday evening has unfortunately come to an end. In its place another league has been established. The exact details of this league are unavailable at present but Liz Abba will continue to manage this league and will send out details in due course.

#### **U18 Cup tournament**

For the first time this year, we are entering an U18 team into a Cup. Matches will be played on a Sunday. Liz Archer will manage this team and will send out details known. The first game will be on the 2<sup>nd</sup> October against Belper.

## Training

There are a couple of options for training depending on age and whether or not you play adult hockey for either the 1's, 2's, 3's or 4's. We welcome those in year 2 and upward on a Sunday morning joint coaching with the boys. For those aged between 10 and 14 or are a junior in the ladies 5<sup>th</sup> team, we also provide an additional coaching session on a Wednesday evening between 6 and 7pm. This will be taken by Liz Abba. This year we hope to open the session up to include the boys in the same age group. For those juniors playing regularly in a ladies side (1-4s), we expect them to train at the same time as their team mates. The 2's, 3's and 4's (and adult 5's) train on a Wednesday evening from 7pm to 9pm (at latest). The 1's (and invited guests) train on a Thursday from 6-7:30. Remember that to train and play you need to wear protective shin guards and a gum shield. You will not be allowed to train or play without these. Also, whilst we will try to keep you informed of any changes to the schedule due to weather or other activities, it is always best to ring Bob Douglas on a Sunday or Liz Abba (07887 768665) or your captain on a Wednesday if you are in doubt.

The cost of joining the juniors has gone up this year to £15. If you attend Sunday training you will be required to pay the weekly charge of £1.50, or you can pay in advance, £15 up to Christmas, £25 for the whole season. For those playing on a Saturday, you will need to pay your annual subs of £15 and match tax for games you play which this year has risen to £3.

## Ladies Matches

You have to be aged 13 to play ladies hockey. Matches are generally played on a Saturday morning (although there are exceptions especially with away matches). Your captain will put details on the club selection homepage regarding the match for the coming weekend. All home games are generally scheduled to start at either 9am, 10:30 or 12 and will be mostly at Bridgford school but occasionally at The Beckett school.

## Club Officers

These officers are the backbone of the club on the ladies side and keep it running from week to week. This committee meet on a regular basis. Please feel free to bring any club issues to the attention of the committee whether in person or writing.

<b>Club Secretary</b>	Naomi Boulter	<b>Selection Chair</b>	Lauren Hemm
<b>Fixtures Secretary</b>	Claire Good	<b>1<sup>st</sup> Team Captain</b>	Naomi Boulter
<b>Social Secretary</b>	Gemma Rolley	<b>2<sup>nd</sup> Team Captain</b>	Aimi Dickinson
<b>Club Welfare Officer</b>	Jon Clewes	<b>3<sup>rd</sup> Team Captain</b>	Jo Darby
<b>League Representative</b>	Fiona Lambourne	<b>4<sup>th</sup> Team Captain</b>	Emma Shaw
<b>Junior Representative</b>	Liz Abba / Liz Archer	<b>5<sup>th</sup> Team Captain</b>	Helen Spencer

## Kit

Kit can be purchased from the online kit shop ([www.wbhockey.co.uk](http://www.wbhockey.co.uk)). Spares from our stock can be obtained whilst you wait for your own kit to arrive. Please speak to your captain if you need to borrow kit until your kit arrives. Club shirts and gold socks. The news for this year is that the U12 and U14 girls will be getting their very own team kit this year! We also recommend you wear appropriate footwear for on the astro turf and of course shin guards and mouth guards.

**Finally we wish you all an enjoyable and successful season with West Bridgford Monarchs in 2011/12. Please do not hesitate to contact us further if you have any questions.**

Liz Abba (07887 768665)  
Liz Archer (07747 561774)

Mick Hart (07951 819472)  
Emma Shaw (07989 502673)